This is FOCUS

The ability to focus is fundamental to our success as learners and as people: focus helps us to plan, enables us to accomplish tasks with skill, and allows us to reflect on our experiences. When we focus, all else drops away and we experience a sense of flow. I see this in the classroom: all of a sudden, the noise level drops as students delve into a project. My challenge as a teacher is to engineer opportunities for students to experience the pure joy of being that engrossed in an endeavour — whether it’s enjoying a book, feeling time slip by during a drawing session, or realising the lesson is over when it feels like it only just began.

As a teacher, HKA allows me to focus on what matters most: the teaching and learning taking place in my classroom. Education at HKA is always focused on learning and driven by the school’s mission to provide a rigorous and inclusive international education. That sort of focus means that the school maintains its unique identity even as it grows in Sai Kung.

Zoe Coughlan
MYP Visual Art Teacher

HKA is an IB World School. Come visit us in Sai Kung to learn more about HKA’s dynamic learning community. Email admissions@hkacademy.edu.hk to schedule a tour.